

I just need a referral

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Survivorship 2015

- *Doctor joke
- *My practice
- *My world - Care Plans
- *A story



What is General Practice?

- * First point of contact in matters of personal health
- * Coordinates the care of patients
- * Cares for patients in a whole of person approach and in the context of their work, family and community
- * Cares for patients of all ages, both sexes, children and adults across all disease categories
- * Cares for patients over a period of their lifetime
- * Provides advice and education on health care

FRACGP



with Science we Care

My Practice



My world – Care Plans

- * Care Plans can be an excellent tool
 - if done well
- * But there are Medicare rules – aaaahhhhhhhh
- * GP Management Plan
- * Team Care Arrangements = 5 Allied Health visits
- * Mental Health Care Plans

Good Care Plans

- * Evidence based
- * Patient centred
- * Comprehensive
- * Goals
- * Tasks
- * Review

But the Medicare rules.....

The
Department
of Health

Usual GP

Items 721-732 should generally be undertaken by the patient's **usual medical practitioner**.

The patient's "usual GP" means the GP who has provided the majority of care to the patient over the previous twelve months and/or will be providing the majority of GP services to the patient over the next twelve months.

The term "usual GP" would **not** generally apply to a practice that provides only one specific CDM service.

A good survivorship Care Plan

Cancer treatment history

- * Potential long-term and late effects of treatment
- * Recommended surveillance for long-term and late effects
- * Recommended surveillance for recurrence and new cancers
- * Specific information about the timing and content of recommended follow-up
- * Recommendations on preventive practices, and how to maintain health and well-being
- * Availability of psychosocial services in the community

Team Care Arrangements

Step 1 – do a Care Plan

- * Step 2 – involve at least two other care providers
- * Step 3 – communicate with other care providers
- * Step 4 – collate, record, sign, copy, store
- * Step 5 – whinge about Care Plans
- * Step 6 – make patient come back to get the referral for Allied Health services

Allied Health Services

- * Exercise physiology
- * Physiotherapy
- * Podiatry
- * Dietitian
- * Host of others

Mental Health Care Plan

- * Great tool
- * Medicare rules – again aaaaaahhhh
- * Minimum 20 minutes
- * Questions, questions, questions
- * Six psychology visits
- * If second review with GP then another four allowed
 - = maximum 10 per year

A story



Thank you